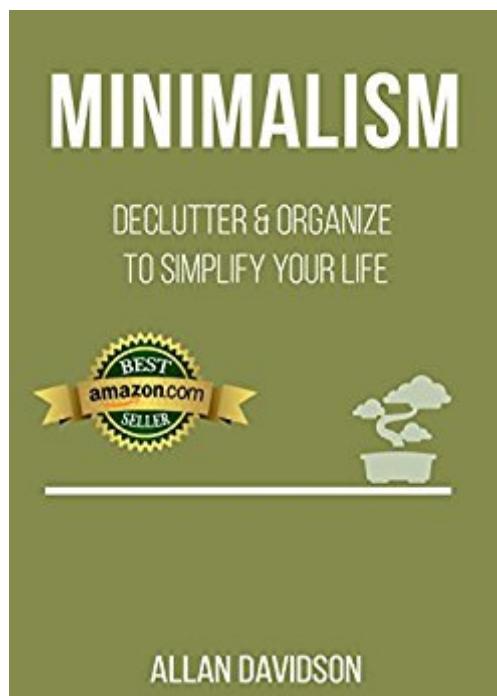


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# Minimalism: Declutter & Organize To Simplify Your Life



## **Synopsis**

Organize and Declutter for Stress-Free Living! For a limited time only, get to own this top seller for just \$2.99! Regularly priced at \$7.99. Read on your PC, Mac, smart phone, tablet or Kindle device. You're about to discover how to... Apply the concept of Minimalism in areas of your life in order to maximize your time, money and resources so you can focus on the goals and other priorities that matter the most. Here Is A Preview Of What You'll Learn... Importance of Simple Living Achieving a Clutter-Free Home How to Simplify your Daily Tasks both at Work and at Home How to be a smart spender and save on money and expenses Much, much more! By implementing the strategies in the book, not only would it free up time, resources and distractions, but it would also give you the opportunity to focus on the goals and dreams that matter. Take action today and download this book for a limited time discount of only \$2.99! Scroll to the top of the page and select the "Buy now" button.

## **Book Information**

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## **Customer Reviews**

As a kid I had a hard time letting go of past things I had collected and never used anymore. I knew I

wanted to be less cluttered but I had a difficult time sizing down. I've been a lot better about it in later years and am more honest and realistic with myself. I wouldn't necessarily strictly follow a minimalistic lifestyle but it is nice to learn about and put things in a different perspective. This book talks about the benefits of minimalism such as having more debt control, more time, less desire to always upscale. If you don't know where to start, it suggests places to de clutter that you could work through as a list - like office drawers, the fridge, the laundry room, living room, garage, etc. The thing I like about it is scaling down enough to keep a tidy living space which always makes me feel better.

In the modern world where we all have more than we need and we are always looking to buy something else, this is a book that will help you to put order into your life. My favorite thing about this book are the quick exercises that are all along it and will help you to determine what its really important in your life and what its just a time, energy and money waster. This is not just a book, its a lifestyle changer.

Minimalism is an often used word these days and it has become a fashion to flaunt this word without understanding the real meaning of minimalist living. Allan Davidson has written a concise and extremely useful book explaining what it really means to live life with less and provides a playbook for all of us to follow and benefit. It is not only about less attraction to acquiring material possessions, it is also about changing the mindset so that you are happy with less. The author provides very useful exercises that help us to inculcate this attitude within ourselves. I am really happy with this purchase - there is a lot of material out there, but for most of this provides a neat guide.

This book taught me that you don't need much to be happy. You can have a simple lifestyle and be happier than the person who floods their life with meaningless necessities. must read if you are looking for a valuable read, get this book.

I loved this book! It was just the book I needed to read as my personal belongings are really starting to clump up in my home. My home environment is quite messy mainly because I just have trouble throwing away my possessions even if I don't need them anymore. It's like I feel connected to my belongings... I realize now I need to live a more simple life and get rid of A LOT of my stuff. This book is very helpful in helping me to do just that! Life is much better with a decluttered and organized new home environment.

I've always been suffering from my own disorganization and this constant mess in my home and my head. I can't say that this book has all my problems in a single moment, but it has helped me to take this the most important first step in abandoning these awful habits. Get rid of your old, unnecessary things and start to live happier!

An interesting and helpful book especially for me who has a hard time to organize my stuff. It is indeed a good guide for everyone in making their space more useful and clean. This helped me personally in changing my routine when it comes to this kind of thing. A good read! Worth my time!

Excellent book about stripping excess clutter - both physical and mental - from your life to focus on what's really important: Relationships, Health, Growth, Contribution, and Passion. I read this twice in a row: the first time as an overview, the second time as reinforcement.

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